Week of 11/2 – 11/8

THE CALVERT CAFE

FEATURES

MONDAY	Meatball & Co	**THURSDAY**	Sizzle Burger
TUESDAY	Flat Top	**FRIDAY**	Dessert Bar
WEDNESDAY	Wings & Drums		

MONDAY

Smoked Sausage

Pulled Pork

Baked Sweet & Idaho Potatoes

Candied Yams

Honey Glazed Carrots

TUESDAY

Pulled Chicken

Beef Taco Meat

Black Beans

Cilantro Lime Rice

Grilled Peppers & Onions

WEDNESDAY

Beef Lasagna

Lemon Rosemary Chicken

Italian Sausage

Penne

Peas & Mushrooms

THURSDAY

Rotisserie Chicken

Fried Chicken

Macaroni & Cheese

Creamed Corn Pudding

Sauteed Kale

FRIDAY

Salmon Burger

Reuben Sandwich

Summer Succotash

Smashed Potatoes

Old Bay Kettle Chips

WEEKEND

SATURDAY

Beef Lasagna

Green Beans, Breaded Mushrooms, Garlic Breadsticks

SUNDAY

Meatloaf

Mashed Potatoes, Spinach, Carrots, Biscuits

CONNECT WITH US

Director of Food & Nutrition Russel.deutschmann@calverthealthmed.org Phone: 410.535.8206