Week of 11/23 – 11/29

THE CALVERT CAFE

FEATURES

MONDAY	Smash Burgers	**THURSDAY**	Happy Thanksgiving
TUESDAY	Greek Out	**FRIDAY**	Chef's Choice
WEDNESDAY	Egg Roll in a Bowl		

MONDAY

Pulled Pork

Buffalo Chicken Mac & Cheese

Macaroni & Cheese

Roasted Broccoli

Stewed Tomatoes

TUESDAY

Smoked Brisket

BBQ Chicken

White Cheddar Macaroni & Cheese

Sauteed Collard Greens

BBQ Carrots

WEDNESDAY

Tempura Chicken

Edamame Fried Rice

Lo Mein

Stir Fried Mushrooms

Roasted Broccoli

THURSDAY

Roast Turkey w/ Gravy

Honey Baked Ham

Stuffing

Rice, Mac & Cheese, String Beans

Dinner Rolls

FRIDAY

Maryland Crab Cake

Chicken Parmesan

Angel Hair Pasta

Roasted Asparagus

Roasted Root Vegetable

WEEKEND

SATURDAY

Baked Ziti
Chicken Alfredo

Spinach, Roasted Squash
Breadsticks

SUNDAY

Fried/Baked Chicken

Mashed Potatoes,
Green Beans, Biscuits

CONNECT WITH US

Director of Food & Nutrition Russel.deutschmann@calverthealthmed.org Phone: 410.535.8206