# SHOP FRESH

LIVE HEALTHY







# **Maryland Market Money Now Available**



### Fresh, Local Fruits, Vegetables and More at 2 Local Markets!

Accepting SNAP/EBT/P-EBT or FMNP (WIC & SENIORS)

Dollar-for-Dollar Match Up to \$30 in Maryland Market Money Each Market Day

# North Beach Senior Center Farmers Market

Saturdays 8am-11am 9010 Chesapeake Ave, North Beach, MD

# CalvertHealth Farmers Market

Tuesdays 2:30pm-6:30pm 130 Hospital Rd, Prince Frederick, MD





SMADC is a division of the TRI-COUNTY COUNCIL for SOUTHERN MARYLAND





### **Utilities Resource Guide**

#### For 60 years and older:

Office on Aging MAP program 410-535-4606

#### For cancer patients:

- Tracy Delahay (ext 2720) is the financial navigator for the CalvertHealth Cancer Care
- "Zaching Against Cancer" <a href="https://www.zachingagainstcancer.org/">https://www.zachingagainstcancer.org/</a>. They can help to cover utilities and groceries for patients.

#### **Financial Resources:**

| Department of Social Services              | 443-550-6900 |
|--|--------------|
| Child Support Services                     | 800-332-6347 |
| Charlotte Hall Social Security             | 888-866-5181 |
| Unemployment Insurance Claims              | 877-293-4125 |
| So. MD Tri-County Com. Act (Energy Assist) | 410-535-1010 |
| So. MD Jobsource                           | 301-645-8712 |
| Community Ministry of Calvert              | 410-414-8007 |
| Christmas in April Calvert County          | 410-535-9044 |
| UME Calvert Family & Consumer Sciences     | 410-535-3662 |
| St. Vincent de Paul Society                | 443-684-9261 |
| Lifestyles                                 | 301-609-9900 |

For additional information please contact Case Management – 410-535-8235

### For Our Unhoused Patients

Please review the process for applying for emergency housing in Calvert County. If available, a social worker will consult with you to follow-up and provide additional referrals if you are eligible.

Contact Nicholas Stultz at Calvert County DSS: 443-915-7976, leave a message with your phone # for a return call to complete housing application. If you have completed this form in the past, call again to follow-up and provide any updates.

Contact SAFE Nights and self-refer: 443.486.8670

Contact Lifestyles: 301.609.9900

Contact Project Echo and self-refer for sheltering: 410.535.0044

If you become medically stable and are to be discharged prior to having housing established, you will be transported to a local warming center when there are freezing temperatures. Local warming centers include: Calvert County Detention Center, MD State Police Barracks (Prince Frederick location), Calvert County Library.

If the temperatures are above freezing you can reach Ryan Divine at Calvert County Health Dept, who will provide food, hygiene kits, tents, sleeping bags: 443.771.2321

## **Food Pantries in Calvert County**

Updated 06/27/2022 by the Dept. of Community Resources 410-535-1600 Ext. 8803

Note: Pantry admission requirements vary, but clients should be prepared to show photo ID, provide birthdates, proof of residence and income for all members in the household.

|                     | T  | Contact          | Phone        | Hours & Info  |
|---------------------|--|------------------|--------------|---|
| Agency              | Location/Email                           | Janeen Collinson | 410-257-0712 | Sat. 9:30 to 11 a.m.  |
| Bayside Baptist     | 3009 Chesapeake Beach Rd.                | Jancon Commount  |              |   |
| Church              | Chesapeake Beach, MD 20732               |                  |              |   |
|                     | https://www.baysidebaptist.com/          |                  |              |   |
|                     | info@baysidebaptist.com                  | Rita Johnson     | 410-586-3972 | Tues.10 a.m. to noon  |
| Brooks Church       | 5550 Mackall Rd.                         | Kita Johnson     | 410-300 3772 |   |
| Pantry              | St. Leonard, MD 20685                    |                  |              |   |
| •                   | http://www.brooksumc.org                 |                  |              |   |
|                     | brookschurch@comcast.net                 |                  | 410-414-7474 | Mon., Tues. & Wed. 9 a.m. to noon   |
| Calvert Churches    | Hallowing Point Industrial Park          | Mike Stump       | 410-414-7474 | Wion., rues. & West s   |
| Community Pantry    | 100 Jibsail Dr., Suite 101               |                  | 257 2444     |   |
| Community I amay    | Prince Frederick, MD 20678               |                  |              |   |
|                     | https://www.cccfp.org/                   |                  |              |   |
|                     | Cccfp 4us@comcast.net                    |                  |              | Tues. 5:30 to 7:30 p.m. &   |
| Chesapeake Cares    | 6045 Solomons Island Rd.                 | Debbie Weber     | 410-257-3444 | Thurs 9:30 a.m. to 12:00 p.m.   |
| Food Pantry         | Huntingtown, MD 20639                    |                  | 277 222      | No documents required for food assistance.  Monday-Thursday 9:00 a.m. – 2:00 p.m. |
|                     | https://chesapeakechurch.org/foodpantry  |                  |              |   |
|                     | foodpantry@chesapeakechurch.org          |                  |              |   |
| First Lutheran      | 6300 So. Md. Blvd. (Route. 4 South @ Rt. | Stephanie        | 410-257-3030 | no qualifying requirements.   |
| Church              | 2. Huntingtown, 20639                    | Sainsbury        |              | no quantying requirements.  |
| Cituren             | https://www.firstlutheranchurch.org/home |                  |              |   |
|                     | flc@firstlutheranchurch.org              |                  |              | Leave a message on the phone and  |
| Hands of God Mobile |  | Kathryn          | 410-535-2275 | Kathryn will contact you.   |
| Street Ministry     | residents                                | Tyler-King       |              |   |
| New Life Calvert    | New Life Church                          | Alicia Sampson   | 443-684-5577 | Monday 4:00 to 6:00 p.m.  |
|                     | 3170 German Chapel Road                  |                  |              |   |
| Food Pantry         | Prince Frederick, MD 20678               |                  |              |   |
|                     | https://www.newlife.live/missions/       |                  |              |   |
|                     | Calvert@newlife.live                     |                  |              | Woda 10 am to 2   |
| G ' 1/-1            | 10290 HG Trueman Rd.                     | Kathy Mazur      | 410-326-0009 | Mon. 9 to 10 a.m., Weds. 10 a.m. to 2   |
| Service Makes       | Lusby, MD 20657                          |                  |              | p.m., Fri. 10 a.m. to 12 p.m., & Sat. 9   |
| Individual Lives    | smileministries@gmail.com                |                  |              | a.m. to 12:00 p.m Clients must live in  |
| Exciting (SMILE)    | Simenimisures(o/gman.com                 |                  |              |   |

| St. Anthony's Church<br>Ladies of Charity            | https://smileinc.org/food-pantry/  8823 Dayton Ave. North Beach, MD 20714 https://stanthonycal.us/ladies-of-charity   | Barbara Glover  | 410-286-7086 | SMILE service area and be registered with SMILE. ID and proof of residence required. Refer to website for additional information.  Tues. Noon to 2 p.m., 2 <sup>nd</sup> Wed. 5 to 7 p.m. & last Sat. of the month 10 a.m. to Noon. |
|--|---|-----------------|--------------|---|
| St. John Vianney<br>Interfaith Food<br>Pantry        | loc4uall@gmail.com  105 Vianney Lane Prince Frederick, MD 20678 www.sjvchurch.us/foodpantry FoodPantry.Director@sjvchurch.net   | Larry Donnelly  | 410-286-1944 | Wednesdays 3:00 to 6:00 p.m., and 2nd Saturday 10:00 a.m. to 12:00 p.m., Serving clients from anywhere in Calvert County. Calvert County proof of residency is required annually.   |
| Calvert Lighthouse<br>Food Pantry                    | 40 Clay Hammond Rd. Prince Frederick, MD 20678 <a href="https://calvertlighthousechurch.org/contact-calvertlighthouse@gmail.com">https://calvertlighthouse@gmail.com</a>  | Dianna Newsom   | 410-535-5515 | 1st Saturday of each month from 11:00 a.m. – 1:00 p.m.  |
| Middleham and Saint<br>Peter's Parish Food<br>Pantry | 10210 H G Trueman Rd.<br>Lusby, MD 20657<br>http://www.middlehamandstpeters.org/  | Mark Pesola     | 410-326-4948 | Pantry on the go for those who express need and have added themselves to a list by calling 410-326-4948.  |
| Mount Olive UMC<br>Food Pantry                       | 10 Fairground Rd. Prince Frederick, MD 20678 <a href="https://www.mtoliveumchurch.com">https://www.mtoliveumchurch.com</a> <a href="mailto:officeadmin@mtoliveumchurch.com">officeadmin@mtoliveumchurch.com</a> | Bobby Adams     | 410-535-5756 | Open on the 2nd and 4th Wednesday of every month from 1:30 p.m. to 3:30 p.m.  |
| Solomons Mission<br>Center Food Pantry               | 14454 Solomons Island Rd S,<br>Solomons, MD 20688<br>https://www.solomonsumchurch.org/food-<br>pantry/<br>Solomonsmissioncenter@gmail.com   | Roberta Bordash | 410-326-3278 | Walk in hours are Tuesdays,<br>Wednesdays, and Thursdays from 10:00<br>a.m. to 1:00 p.m., or by appointment.  |

| Community<br>Kitchen  | Location   | Contact         | Phone        | Hours and Info  |
|---|--|-----------------|--------------|---|
| More Tasty Blessings<br>Community Kitchen<br>& Resource Center* | December, January, February, June,<br>July, and August at Solomons UMC<br>14454 Solomons Island Road, Solomons,<br>MD 20688<br>solomonsumc@verizon.net | Roberta Bordash | 410-326-3278 | Complimentary eat-in meal every Thursday 6 to 7 p.m.  No ID or income requirements.  All are welcome. Location rotates between East John Youth Center and |

| ~ and ~                                | Solomons UMC. Call for details. |
|--|---------------------------------|
| September, October, November, March,   |                                 |
| April and May at East-John Youth       |                                 |
| Center                                 | Currently Closed.               |
| 11835 Mill Bridge Road, Lusby MD       |                                 |
| 20657                                  |                                 |
| lusbycharge@gmail.com                  |                                 |
| https://www.solomonsumchurch.org/more- |                                 |
| tasty-blessings-community-kitchen/     |                                 |

<sup>\*</sup>The Soup kitchens are closed temporarily due to COVID. Citizens are being referred to the Solomons United Methodist Church food pantry.