

The Mobile Health Center travels to under-served areas of the community to bring essential primary care services, dental, prevention and wellness programs to residents who may not have easy access to traditional healthcare.

See below for the Mobile Health Center's upcoming schedule:

## **FEBRUARY 2020 - HEART HEALTH**

| DATE                                       | PLACE  | ADDRESS   | TIME           |
|--|--|---|----------------|
| Monday, February 3<br>North Beach          | North Beach Senior Center<br>Mobile Health Monday    | 9010 Chesapeake Avenue<br>North Beach, MD         | 10 a.m 1 p.m.  |
| Tuesday, February 4<br>Lusby               | Southern Pines Apartments II Community Wellness      | 60 Appeal Lane<br>Lusby, MD                       | 10 a.m 1 p.m.  |
| Monday, February 10<br>Prince Frederick    | Calvert Pines Senior Center<br>Mobile Health Monday  | 405 West Dares Beach Road<br>Prince Frederick, MD | 10 a.m 1 p.m.  |
| Tuesday, February 11<br>Solomons           | Southern Branch Library Safe Nights                  | 13920 H.G. Trueman Road<br>Solomons, MD           | 10 a.m 1 p.m.  |
| Thursday, February 13<br>Huntingtown       | Chesapeake Cares Food Pantry<br>Community Wellness   | 6045 Solomons Islanc Road<br>Huntingtown, MD      | 9 a.m 12 p.m.  |
| Wednesday, February 19<br>Prince Frederick | On Our Own Safe Nights                               | 120 Jibsail Drive<br>Prince Frederick, MD         | 10 a.m 12 p.m. |
| Thursday, February 20<br>Prince Frederick  | Calvert Library Prince Frederick Safe Nights         | 850 Costley Way<br>Prince Frederick, MD           | 10 a.m 1 p.m.  |
| Monday, February 24<br>Lusby               | Southern Pines Senior Center<br>Mobile Health Monday | 20 Appeal Lane<br>Lusby, MD                       | 10 a.m 1 p.m.  |
| Wednesday, February 26<br>Lusby            | Free Medical Clinic  SMILE Food Pantry               | 10210 H.G.Trueman Road<br>Lusby, MD               | 10 a.m 1 p.m.  |



CalvertHealthMedicine.org/MobileHealthCenter

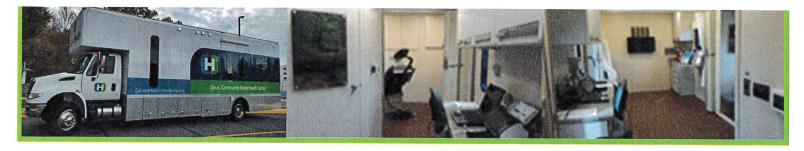


The Mobile Health Center travels to under-served areas in the community to bring essential primary care services, dental, prevention and wellness programs to residents who may not have easy access to traditional health care.

See below for the Mobile Health Center's upcoming schedule:

## **MARCH 2020 - HEALTHY NUTRITION**

| DATE                | PLACE                        | ADDRESS                   | TIME               |
|---------------------|------------------------------|---------------------------|--------------------|
| Sunday, March 1     | North Beach Volunteer Fire   | Chesapeake Avenue         | 11 a.m.—2 p.m.     |
| North Beach         | Department Health Fair       | North Beach, MD           |                    |
| Tuesday, March 3    | Southern Pines Apartments II | 60 Appeal Lane            | 10 a.m 1 p.m.      |
| Lusby               | Community Outreach           | Lusby, MD                 |                    |
| Wednesday, March 4  | St. John Vianney             | 105 Vianney Lane          | 2:30 p.m 6 p.m.    |
| Prince Frederick    | FREE MEDICAL CLINIC          | Prince Frederick, MD      |                    |
| Monday, March 9     | North Beach Senior Center    | 9010 Chesapeake Avenue    | 10 a.m 1 p.m.      |
| North Beach         | Mobile Health Monday         | North Beach, MD           |                    |
| Tuesday, March 10   | Southern Branch Library      | 13920 H.G. Trueman Road   | 10 a.m 1 p.m.      |
| Solomons            | Safe Nights                  | Solomons,, MD             |                    |
| Wednesday, March 11 | On Our Own                   | 120 Jibsail Drive         | 10 a.m 12 p.m.     |
| Prince Frederick    | Safe Nights                  | Prince Frederick          |                    |
| Monday, March 16    | Calvert Pines Senior Center  | 405 West Dares Beach Road | 10 a.m 1 p.m.      |
| Prince Frederick    | Mobile Health Monday         | Prince Frederick, MD      |                    |
| Tuesday, March 17   | Ladies of Charity            | 8823 Dayton Avenue        | 12 p.m 2 p.m.      |
| North Beach         | Food Pantry                  | North Beach, MD           |                    |
| Wednesday, March 18 | Community Life Center        | 10210 H.G. Trueman Road   | 10 a.m 1 p.m.      |
| Lusby               | SMILE Food Pantry            | Lusby, MD                 |                    |
| Thursday, March 19  | Calvert Library              | 805 Costley Way           | 10 a.m 1 p.m;.     |
| Prince Frederick    | Safe Nights                  | Prince Frederick, MD      |                    |
| Monday, March 23    | Southern Pines Senior Center | 20 Appeal Lane            | 10 a.m 1 p.m.      |
| Lusby               | Mobile Health Monday         | Lusby, MD                 |                    |
| Wednesday, March 25 | Chesapeake Cares             | 6045 Solomons Island Road | 5:30 p.m 7:30 p.m. |
| Huntingtown         | Church Food Pantry           | Huntingtown, MD           |                    |



The Mobile Health Center travels to under-served areas of the community to bring essential primary care services, dental, prevention and wellness programs to residents who may not have easy access to traditional healthcare.

See below for the Mobile Health Center's upcoming schedule:

## **APRIL 2020 - STRESS AWARENESS**

| DATE                | PLACE                         | ADDRESS                        | TIME                   |
|---------------------|-------------------------------|--------------------------------|------------------------|
| Wednesday, April 1  | St. John Vianney Church       | 105 Vianney Ln                 | 2 :30 p.m.– 5: 30 p.m. |
| Prince Frederick    | Food Pantry                   | Prince Frederick, MD           |                        |
| Tuesday, April 7    | Southern Pines Apartments II  | 60 Appeal Lane                 | 10 a.m 1 p.m.          |
| Lusby               | Community Wellness            | Lusby, MD                      |                        |
| Wednesday, April 8  | On Our Own                    | 120 Jibsail Drive              | 10 a.m 12 p.m.         |
| Prince Frederick    | Safe Nights                   | Prince Frederick, MD           |                        |
| Monday, April 13    | North Beach Senior Center     | 9010 Chesapeake Avenue North   | 10 a.m 1 p.m.          |
| North Beach         | Mobile Health Monday          | Beach, MD                      | ·                      |
| Tuesday, April 14   | Southern Branch Library       | 13920 H.G. Trueman Road        | 10 a.m 1 p.m.          |
| Solomons            | Safe Nights                   | Solomons, MD                   |                        |
| Thursday, April 16  | Calvert Library               | 850 Costley Way                | 10 a.m 1 p.m.          |
| Prince Frederick    | Community Wellness            | Prince Frederick, MD           |                        |
| Monday, April 20    | Calvert Pines Senior Center   | 405 West Dares Beach Road      | 10 a.m 1 p.m.          |
| Prince Frederick    | Mobile Health Monday          | Prince Frederick, MD           |                        |
| Tuesday, April 21   | Ladies of Charity Food Pantry | 8823 Dayton Avenue             | 1130 a.m 2 p.m.        |
| North Beach         | Free Medical Clinic           | North Beach, MD                |                        |
| Wednesday, April 22 | SMILE Food Pantry             | 10210 H.G. Trueman Road        | 10 a.m 1 p.m.          |
| Lusby               | Community Wellness            | Lusby, MD                      |                        |
| Friday, April 24    | CalvertHealth Medical         | 100 Hospital Road              | 10 a.m 2 p.m.          |
| Prince Frederick    | Center Earth Day              | Prince Frederick, MD           |                        |
| Monday, April 27    | Southern Pines Senior Center  | 20 Appeal Lane                 | 10 a.m 1 p.m.          |
| Lusby               | Mobile Health Monday          | Lusby, MD                      |                        |
| Wednesday, April 29 | Chesapeake Cares Church       | 6045 Solomons Island Road      | 5:30 p.m 7:30 p.m.     |
| Huntingtown         | Food Pantry                   | Huntingtown, MD                |                        |
| Friday, April 30    | Mill Creek Middle School      | 12200 Southern Connector Blvd. | 9;30 a.m 2:15 p.m.     |
| Lusby               | Health Expo                   | Lusby, MD                      |                        |