

2026

Stop by for FREE health education and services that focus on preventing and managing diabetes, cancer, and other chronic diseases!

VISIT WITH AN EXPERT:

- Registered Nurse
- Health Educator
- Pharmacist
- Peer Recovery Services

LOCATION:  
Suite 1400 - Community Education Room  
14090 H G Trueman Rd, Solomons Island  
MD 20688

410-535-8233  
CalvertHealthMedicine.org/Community-Wellness

SOLOMONS MEDICAL CENTER  
OUTREACH SCHEDULE

JANUARY



SUN	MON	TUE	WED	THU	SAT	FRI
				01 8 - 4pm Resource Connection	02	03
04	05 8 - 4pm Health Screenings <ul style="list-style-type: none"><li>A1C</li><li>Cholesterol</li><li>Blood Pressure</li></ul>	06	07	08 8 - 4pm Resource Connection	09	10
11	12 8 - 4pm Health Screenings <ul style="list-style-type: none"><li>A1C</li><li>Cholesterol</li><li>Blood Pressure</li></ul>	13	14	15 8 - 4pm Resource Connection	16	17
18	19 8 - 4pm Health Screenings <ul style="list-style-type: none"><li>A1C</li><li>Cholesterol</li><li>Blood Pressure</li></ul>	20	21	22 8 - 4pm Resource Connection	23	24
25	26 8 - 4pm Health Screenings 9 - 11:30 Medication Management	27	28	29 8 - 4pm Resource Connection	30	31